



September 05, 2017
Volume 9, Issue 1

Selkirk School News

Selkirk School

Phone: 667-3688 Fax: 667-3693
5, Selkirk Street, Whitehorse, YT. Y1A 3J5



From the Principal

From all of us at Selkirk, we extend a warm welcome to all new and returning students, parents and faculty! We have enjoyed an excellent opening again this year, with full classes at all grade levels. We are also pleased with our growing French Immersion program that has now expanded to include grade two. Combined with our English and Intensive French programs, our student population has now grown to two hundred and fifty-five students!

We are pleased to welcome new faculty members: Mme Meghan Adamsky (French Immersion Gr 1); Ms Amy Grant (EA); Ms Aprile Hanrath Intensive French Grade 5 (Term 2 English) Ms Naomi Larnder (EA) Mme Lucy Morrison (Intensive French Grade 5 Term n1 French); Ms Stacy Sippel (EA); Mme Louise Suominen (EA); Ms Andrea Webber (LAT, Music–French, Library) and Ms Michelle Underhill (EA); We also welcome Mme Tamara Boiteau back in her new role as Selkirk's Vice-Principal. Welcome all!

At Selkirk, we look forward to realizing another excellent year ahead. We believe in the familiar proverb that it takes a community to raise a child and that the strength of the relationships we build between and among all members of our school community supports the best teaching and learning experiences we can provide for our students. Together, we look forward to enjoying an excellent year with many opportunities to recognize and celebrate student learning and achievement! Please feel welcome throughout the year to contact the school with any questions you may have.

Peter Gubbe
Principal

SELKIRK ELEMENTARY SCHOOL

Staff List 2017-2018

Office Staff:

Principal	Mr Peter Gubbe
A/Vice-Principal	Mme Tamara Boiteau
Secretary	Ms. Shiela Whitehead
Library Clerk	Ms. Jessica Pumphrey

Teaching Staff:

Kindergarten French Immersion	Room 3	Mme Monique Levesque
Kindergarten French Immersion	Room 1	Mme Caroline Trudel
Kindergarten	Room 2	Ms. Shawna Anderson
Grade 1/2	Room 4	Mrs. Elizabeth Eddy-Serroul
Grade 1 French Immersion	Room 7	Mme Meghan Adamsky
Grade 1/2 French Immersion	Room 8	Mme Nicole Doré
Grade 2/3	Room 6	Mr. Jason Seymour
Grade 3/4	Room 5	Ms Marie Watts
Grade 4/5	Room 14	Mrs. Tamara Boiteau and Ms Lindsay Hutchinson
Grade 5 Intensive Fr./Comp Eng.	Room 12	Mme Lucy Morrison Ms Aprile Hanrath
Grade 6	Room 13	Ms. Alison Morham
Grade 7	Room 15	Mr. Jeff Cressman

Specialists:

Physical Education	Mr. Brian Macdonald
Core French/Lib./I.T.	Ms. Trine Dennis
Computer Lab/Music/Lib	Mr. Grant Hartwick
Counselor	Ms. Laura Orviss
Reading Recovery	Mrs. Dana Hoogland & Ms. Susan Smith
First Nations Culture	Ms. Linda Harvey
LAT/ELL/Experiential	Ms. Andrea Webber/ Mr. Brian Larnder
LAT/ELL /Literacy Coach	Ms. Kim Thompson
Literacy Support	Ms. Susan Smith

Education Assistant/Remedial Tutor:

R.T.	Ms. Leah Widdis	E.A.	Mrs. Karen Macklon
E.A.	Ms. Véronique Boivin	E.A.	Ms Emily Hood
E.A.	Mme Louise Suominen	E.A.	Ms Naomi Larnder
E.A.	Mrs. Stacy Sippel	E.A.	Mr Adam MacDougall
E.A.	Ms. Dana Hoogland (.5)	E.A.	Mr Jason Cook
E.A.	Ms Michelle Underhill	E.A.	Ms. Amy Grant
E.A.	TBA	E.A. (.5)	TBA

Parking, Buses Only and Parent Drop-off and Pickup Areas

Curbside drop-off and pick-up areas for both buses and parents are designed so that students can enter the school without crossing a route for vehicles.

The area nearest the school between the large cement barriers and the fence is reserved for buses only, both in the morning for drop-off and in the afternoon for pickup.

The area for parents to drop off and pick up is at the fenced end of the sidewalk next to the playground with climbing equipment. Parents are asked not to drop off or pick up in the main parking lot or exit through the bus only zone. Thanks for your assistance with this.

Pickup, drop-off and double row parking in the south parking lot is hazardous for students who can't be seen in rear view mirrors. We are hoping to have a circle route constructed for safer curbside dropoff and pickup, but until then encourage parents to queue for curbside dropoff and pickup in the north parking lot. Thanks

Selkirk Parent Council: Be Involved!

Selkirk School Council meetings are normally held on the second Wednesday each month. Our first meeting will be Wed Sept 13th beginning at 6:30 pm in the school library. All parents are welcome to attend, meet other parents, get involved in school affairs and growth planning, and help create a community minded school!

The School Council AGM will be held Wednesday, September 20th at 6:30.

Parent Handbooks are coming your way

Parent handbooks will be sent home with each student by the end of this week. If you receive multiple copies, please return any unwanted copies to your child's teacher.

Meet the Staff and Hot Dog BBQ hosted by Selkirk School Council and SES Tuesday Sept 12th.

In anticipation of another great year, please join us for an informal gathering from 5:30 to 7:00 in the gym or outside of the gym (weather permitting).

Hot dogs and drinks will be provided by the School Council and SES staff. Come meet the council members and your child's teachers!

Your school council members are:

Sharon Specht

Sandy Calhoun

Michelle Boleen

Melanie Davignon

Laura Davidson

You can contact them the school council members at: selkirkschoolcouncil@gmail.com.

(Note: please don't send messages containing confidential student information to this email address).

Learning Together!

Once again, Bev Avano is leading our popular Learning Together Program for preschoolers and their caregivers. If you are a parent of a child who is 4 years old or younger, you are warmly invited to drop in for storytelling, games, crafts and much more. The program is free to attend on a drop-in basis. Hours are from 9:00-11:30 am. daily

Counsellor's Corner

A big welcome to all students and families at Selkirk this year! For those of you that are new to Selkirk, my name is Laura Orviss. In the roll of school counsellor, I provide individual, group, and whole class support related to social emotional well-being, physical health and safety, and social responsibility. If you would like your child to receive regularly scheduled school counselling services (and you have not yet heard from me) or have questions related to supports available, please feel free to connect via phone or email.

I can be reached at 667-3688 or laura.orviss@yesnet.yk.ca. Sincerely, Ms. Orviss

From the Ground Up

This is one of Selkirks's major fundraiser for the year. Profits from this program go towards additional programming material and supplies. Students from our school have all received an order form and package for this program. Each box of Yukon grown vegetable contains 20 lbs of potatoes, carrots, beets, and cabbage. Order forms sent home Sept 11th must be returned to the school by Oct 3rd. Late orders can not be accepted. This will ensure enough time for the farmer to prepare and box all the orders before delivery. All vegetable boxes must be picked up on **October 13th** between 3:00 and 6:00pm in our parking lot (weather permitting) or near our gym.

From Yukon Education

School calendar survey

The Yukon government is asking students, parents, School Councils and communities to fill out an online survey to provide their opinion on how the school calendar should be organized. Please take the time to fill out the survey <https://survey.gov.yk.ca> by **October 16, 2017**. Hard copies are also available through the school.

Survey results will be considered when preparing school calendars for the next four school years, including 2018/19, 2019/20, 2020/21 and 2021/22.

If you have any questions about the survey, please contact the school. If you require assistance filling out the survey, please contact Amanda Dieckmann at amanda.dieckmann@gov.yk.ca or 867-456-6751.

For more information, you can also visit www.education.gov.yk.ca.

Avoiding pertussis (whooping cough)

The current outbreak of pertussis is expected to continue into the 2017/18 school year. Parents can protect their children and others from exposure by:

- washing hands often
- covering mouths when coughing/sneezing
- ensuring immunizations are up to date
- staying home if unwell
- remaining at home for 5 full days after starting antibiotics for pertussis

Pertussis is highly contagious and can easily be spread in schools through coughing, sneezing or by touching surfaces that have been contaminated and are not properly cleaned. A person with pertussis can be contagious for several weeks, and it takes as little as five minutes of face-to-face contact to spread pertussis.

Early symptoms include: sneezing, runny nose and low-grade fever, followed by a cough which can worsen to coughing fits, whoops, or coughing that ends in gagging/vomiting. Coughing can be worse at night and can last up to a month or two.

For more information about pertussis, contact: your family physician or community health centre, Yukon Communicable Disease Control at 667-8323 or the Yukon Health Line by dialing 811. You can also find more information on HealthLink BC's webpage at www.healthlinkbc.ca/health-topics/hw65653.

Reminder about school supplies

This is a reminder that if a student requires assistance with school supplies, please contact the school so we can make arrangements to make sure everyone has the supplies they need to get the school year started.

Babies, children, and teens need significantly more sleep than adults to support their rapid mental and physical development. Most parents know that growing kids need good sleep, but many don't know just how many hours kids require, and what the impact can be of missing as little as 30 to 60 minutes of sleep time.

One of the reasons it's so hard to know when our kids are getting insufficient sleep is that drowsy children don't necessarily slow down the way we do—they wind up. In fact, sleepiness can look like symptoms of attention deficit-hyperactivity disorder (ADHD). Children often act as if they're not tired, resisting bedtime and becoming hyper as the evening goes on. All this can happen because the child is overtired.

Sleep

Children aged six to 13 need 9-11 hours of sleep. At the same time, there is an increasing demand on their time from school (e.g., homework), sports and other extracurricular and social activities. In addition, school-aged children become more interested in TV, computers, the media and Internet as well as caffeine products – all of which can lead to difficulty falling asleep, nightmares and disruptions to their sleep. In particular, watching

TV close to bedtime has been associated with bedtime resistance, difficulty falling asleep, anxiety around sleep and sleeping fewer hours.

Sleep problems and disorders are prevalent at this age. Poor or inadequate sleep can lead to mood swings, behavioral problems such as ADHD and cognitive problems that impact on their ability to learn in school.

Sleep Tips for School-aged Children

- Teach school-aged children about healthy sleep habits.
- Continue to emphasize need for regular and consistent sleep schedule and bedtime routine.
- Make child's bedroom conducive to sleep – dark, cool and quiet.
- Keep TV and computers out of the bedroom.
- Avoid caffeine. **From the National Sleep Foundation (sleepfoundation.org)**

Dates to Remember

September 12	Open House BBQ/Meet the Staff 5:30-7:00
September 13	School Council Meeting Library 6:30 pm
September 20	School Council AGM Library 6:30
September 22	Selkirk hosts Grade 7 Dance 7:00 – 10:00pm
September 26	Family Night Swim, 6:00- 7:30
October 3	From the Ground Up Fundraiser Deadline
October 6	Yukon Education and SES Pro-D. Students do not attend
October 9	Thanksgiving Day Holiday
October 10	Family Night 5:30-7:00
October 13	From the Ground Up Vegetable order pick up 3:00-6:00 pm